

Declarations for Perfect Health

Eyes, I command you to see in the natural and the supernatural, in Jesus name. Floaters and cataracts go in Jesus name. I have 20-20 vision, in Jesus name.

Ears, I command you to hear in the natural and the supernatural, in Jesus name.

Sinuses, teeth, gums, nasal passages, throat, esophagus, you are clear, clean, and pure with no disease or infection, in Jesus name.

Brain, I decree and declare that you function perfectly the way God created you to function, in the name of Jesus. I have a sound and well-balanced mind. I have the mind of Christ. I am made in His likeness and image. As He is, so am I in this world. I am of His flesh and of His bones.

Neurons and synapses, you function perfectly the way God created you, in the name of Jesus. There is no depression, fear, anxiety, worry, doubt or lack of forgiveness. There is only love, faith, hope, peace, joy, mercy, grace and truth. There is an abundance of neurons and synapses in my brain. Every signal to, from, and in my brain is perfect, in Jesus' name.

Arteries, veins, and capillaries I command you to function perfectly the way God created you, in Jesus' name. There is no disease, no plaque, no infection, or inflammation in the name of Jesus. The blood flow to, in, and from my brain is perfect, in Jesus' name.

Dopamine, serotonin, epinephrine, norepinephrine, you are perfect levels, in Jesus' name.

Estrogen, testosterone, and progesterone, you are perfect levels, in my brain and in my body, in Jesus' name.

Calcium, phosphorus, vitamin D, vitamin E, all minerals and vitamins, you are perfect levels in my brain, in Jesus' name.

I have an abundance of brain cells, super intelligence, and a photographic memory for the kingdom of God, in Jesus' name.

My long-term and short-term memory are blessed. Thank you Jesus.

My brain is the perfect size, shape, and texture, in Jesus' name.

Lungs, with the breath of God, I command you to function perfectly, in Jesus' name. Arteries, veins, capillaries, bronchi, bronchioles, I command you to function perfectly, in Jesus' name. There is no disease, infection, or inflammation, in Jesus' name. The blood flow is perfect, in Jesus' name.

Lungs, you are the perfect size, shape, and texture, in Jesus' name.

Heart, I decree and declare that you function perfectly, in Jesus' name. There are no fast, slow, or irregular beats. Valves, cardiac enzymes, nerves, and muscles, you function perfectly, in

Jesus' name. Blood pressure, you are normal, in Jesus' name. Arteries, veins, and capillaries, you are clean, clear, and pure in my heart, with no disease, infection, or inflammation, in Jesus' name. The blood flow in, to, and from my heart is perfect, in Jesus' name.

Heart, you are the perfect size, shape, and texture, in Jesus' name.

Every beat of my heart and every breath I take, floods my body with the love, light, life, and blood of Jesus, and cleanses me of all sickness, disease, pain, darkness, sin, and death, in Jesus' name.

Stomach, I command you to function perfectly, in Jesus' name. Probiotics and enzymes, you are perfect, in Jesus' name.

Spleen, you function perfectly, and provide what is necessary for the body and the immune system, in Jesus name.

Gall bladder, you are perfect, in Jesus' name. There are no gall stones, they melt like wax in the presence of the Lord.

Small intestine, large intestine, urinary bladder, and bowels, you function perfectly, in Jesus' name. There is no urinary tract infection. Bladder and bowels, you empty completely, in Jesus' name.

Kidneys and adrenal glands, you function perfectly the way God created you, in Jesus' name. Adrenal glands, you do not release excess cortisol, and kidneys, you filter perfectly, in Jesus' name.

Liver and pancreas, you function perfectly, in Jesus' name. Glucagon, insulin, and liver enzymes, you are perfect, in Jesus' name.

Immune system, I decree and declare that you function perfectly, the way God created you, in the name of Jesus. You do not release excess histamines or attack the body anywhere. You fight disease, germs, and infections because the blood of Jesus flows in my body. You fight colds, flu viruses, and any viruses.

Skin, you are soft and supple, with no itching or wrinkles, in Jesus' name.

Nerve endings, I speak shalom over you, in Jesus' name. There is no pain or itching, in Jesus' name.

Bones, muscles, nerves, joints, you are strong in the Lord and in the power of His might. There is no osteoporosis or osteopenia in my body, in Jesus name.

Fingers, hands, arms, elbows, neck, shoulders, back, hips, buttocks, legs, knees, feet, ankles, and toes, you are strong in the Lord and in the power of His might. There is no numbness, pain, tingling, cramping, freezing up, lack of feeling or weird feelings, in Jesus' name.

Every RNA, DNA, ribosome, chromosome, nucleus, nucleoli, vacuole, mitochondria, cell wall, every part of every cell, tissue, organ, gland, system, bone, muscle, nerve, joint, artery, vein, capillary, hormone level, brain chemical, bronchi, bronchioles, vitamin, mineral, enzyme, and blood and oxygen level, I command you to function perfectly, in Jesus' name.

I decree, declare, and prophesy that I walk in Divine health, with no sickness or disease in my body, in Jesus name.